Austin L. Temple, DDS & Katelyn J. Henderson, DDS 1480-A Rymco Drive Winston-Salem NC 27103 336-725-9580

Pre-Operative Guidelines for IV Sedation

- 1) Please do not eat anything or drink non-clear liquids (ex: milk or orange juice) after midnight if your surgery is the next morning. If your surgery is scheduled for another time during the day, please do not eat anything or drink any non-clear liquid at least eight hours before your treatment. You may drink clear liquids up to 2 hours prior to the appointment.
- 2) Please wear a short sleeved shirt that is loose and non-binding.
- 3) Please take your regular medications and any additional medications that your dentist has directed for you with water only.
- 4) Someone will need to drive you home! Please make those arrangements. Our staff can help you with the expected time that the procedure will take and can call your transportation for you near the time that your procedure will be completed. You should plan on not driving or operating any machinery for 24 hours after the sedation. Even though you will feel normal soon after, the residual effects of the medication can linger for up to 24 hours.