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Post –Operative Guideline for IV Sedation

You have completed treatment using IV (conscious) sedation. This information sheet will cover most questions or concerns you may have.

- 1) Do not drive or operate machinery for **24 hours** after the sedation. Even though you will feel normal soon after, the residual effects of the medication can linger for up to 24 hours.
- 2) Do not take prescription pain medication for at least **9 hours** after your appointment has ended. You may take over the counter pain relievers until that time. If you are able to take an NSAID (ibuprofen, advil, motrin, etc) it may work best, especially if started before the anesthetic starts to wear off.
- 3) You may experience some bruising at the IV site. Warm moist towels will help. This will dissipate after a few days
- 4) If a surgical procedure was performed, you can expect mild oozing from the surgical site. A little blood can mix with the saliva in your mouth and can sometimes seem like a lot of bleeding. Gentle biting pressure on gauze or clean washcloth should minimize this.
- 5) Most people will nap after the procedure. Have someone check on you periodically.
- 6) If you have any question or concerns, please call our office.